

WHAT TO EXPECT FROM STREETWISE

What we do...

We offer Mental Health, Wellbeing and Youth Work support to young people aged 11-25 in Newcastle.

What we offer...

- Early Intervention Support (symptoms under 12 months)
- Counselling or Low Intensive Cognitive Behavioural Therapy (CBT)
- Group Work Activities
- Drop-ins (various locations)
- Sexual Health & Relationship Advice



When we receive your referral...

You (or parent/guardian/caregiver) will receive a text from our Admin Team inviting you for an initial chat with a worker. (If you can't make it, we will do our best to find a time and date that suits you).

The Initial Chat...

This will take about an hour with one of our lovely workers. If you come with a parent/guardian/caregiver, they can bring you in and we will ask them to come back when we're finished. This way, we can get a good understanding of what is happening for you right now. At the end, you and the worker will decide if Streetwise is right for you. If Streetwise is not for you, we will try our best to help signpost you to another service that is.

What next...

Our Admin Team will send a text inviting you to your first session (again we'll do our best to change if it doesn't work for you). Your appointments will be with the same worker at the same time every week for six sessions (number of sessions may vary).

If for any reason you don't click with the worker you're seeing, let us know, we have a team who are welcoming, friendly and happy to help with any changes you may need.

Remember, this is a voluntary service.
You know when you're ready.

If for any reason you need to make a complaint, please email admin@streetwisenorth.org.uk

- www.streetwisenorth.org.uk
- admin@streetwisenorth.org.uk
- 0191 230 5400



@streetwisenorth

