



Streetwise Young People's Trustees' Annual Report and Financial Statement

For the year ended
31 March 2023



Streetwise
YOUNG PEOPLE'S PROJECT

Registered Charity Number: 1058360

The Trustees are pleased to present their Annual Report together with the financial statements of the Charity for the year ended 31 March 2023 which are also prepared to meet the requirements for a Directors' Report and accounts for Companies Act (2006) purposes.

The Financial Statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Chair's report

It is with great pleasure and excitement that I write this year's Chair's Report as it provides the opportunity to explore the successes achieved and lessons learned during the challenging and tumultuous world of the Covid Pandemic and applied learning in the post Covid environment. All this against a backdrop of the alarming cost of living rises and the financial disorder in which we find ourselves.

Over the past year, Streetwise has with flexibility, adaptability, innovation, creativity, and endurance survived the adversity of the World Pandemic and emerged as a more resourceful, capable, and stronger Organisation. We are to be congratulated for weathering the many challenges that faced us during, and towards the latter period of, the Covid Pandemic, and moving forward to apply lessons learned to our Core Services in the new post-Covid landscape which include:

1 Information, Advice and Guidance: Over 2,937 Young People benefitted from regular one-to-one sessions delivered via Open Access Drop-in sessions from City Centre premises, Community Youth Hubs, and School Early Help Youth Hubs. With the employment of additional Mental Health and Wellbeing Practitioners, providing support and one-to-one check-ins, a deterioration in Mental Health was prevented for those Young People unable to access timely face-to-face therapeutic support.

Over 4,279 contacts have been made via social media and other electronic means - a lifeline to many Young People, provided by the continuation of the Therapy Bytes E Brochure facilitating access to a range of Wellbeing Apps etc. We learnt the key lessons of adaptability and flexibility in methods of delivering these Services and the many gains from hybrid working to the advantage of Staff, Young People, and their Families alike.

2 Mental Health and Wellbeing Services (Counselling Services): We learnt how important we were and how much of a difference we made to the lives of Young People and their Families when the Pandemic struck and key initiatives were almost halted overnight. We have learnt that a combination of different methods and modalities of therapy to deliver therapy and counselling provides the best opportunity for Young People to access our Services - enabling Streetwise to deliver over 4,957 Counselling and Emotional Wellbeing sessions this year, resulting in excellent outcomes and feedback. Eight new Practitioners have been appointed which has allowed the partnership between Outer West, East, and Central Primary Care Networks to grow, enhancing the relationship between GP's and Primary Care, with the resultant reduction in referrals to Children and Young People's Services (CYPS).

Victims of Crime: Dedicated funding from the Northumbria Police & Commissioners supporting Victim fund has allowed 113 Young People to be supported both individually and within Group Work sessions across a range of victims of crime referrals.



- 3 The Contraception and Sexual Health Services (CASH): New Service developments include the "On the Go" Youth Van launched in July 2022, in partnership with Children North East which has brought support from CASH "to the doorstep" of Young People. This, along with the Outreach and Tailored Outreach Group Support to colleges and Community venues, has broadened the reach of these Services to a greater number and range of Young People.
- 4 Detached and Outreach Youth Work: Funded by Newcastle City Council continued up to December 2022, but due to the increase in Anti-Social Behaviour in the City Centre and surrounding areas, and the consequent risk to Staff, the difficult decision was made to stop Detached Work and offer a safer Outreach and Youth Hub model. However, prior to this the Detached Team were able to provide invaluable individual and group work sessions for Young People in the most deprived areas of Newcastle and were part of the Newcastle Best Summer Ever Programme (NBSE) during the school half and summer terms. The Team also took part in Fresher's Week providing information across the Newcastle Universities and Colleges' stands and continued to deliver Sexual Health sessions to Young People in Newcastle City Centre. We learnt from these decisions and circumstances how to deliver our aims, objectives and priorities safely and still managed to create new Services, whilst developing new relationships with Funders and Businesses alike.

Early Help Youth Hubs in Communities and Schools:

Early help/intervention in relation to the Mental Health of Young People has long been understood to produce positive outcomes, not only in preventing more serious symptoms from developing, but also in reducing the likelihood of problems with, family, school, work, etc. This early support can take many forms, such as support in schools, mentoring, wider support services in the Community, and support through digital means.



At the beginning of 2023 Streetwise launched two Community Youth Hubs where Young People can meet to access "wrap around support", to enhance their social and emotional development - the activities, some including access to hot meals, have also helped with the cost of living crisis experienced by many Families, and have generally served to enhance appropriate social contact post Covid.

Secondly, in pursuit of Promoting Children and Young People's Mental Health and Wellbeing in a Whole School or College Approach, supporting the NHS long term plan, Streetwise in partnership with Gosforth Academy Trust (GAT) have initiated a pilot for early intervention in two Hubs across the Academy. These Hubs have proved very beneficial in preventing the escalation of early identified Mental Health problems, enhanced a positive learning environment between all stakeholders within the schools, and hopefully will continue to fulfil the Government initiative for years to come.

- 5 Young People's Participation and Social Action Projects: Streetwise Youth Board continues to significantly influence the work and direction of the Charity - Staff taking a lead from the thinking and experience of the Young People; this included the focus on the experience of being part of the LGBTQ+ Community, and Social Action Projects which have included work with Minority Ethnic Young Men; work to empower Young Women affected by domestic abuse and sexual assault, and Healthy Relationship Workshops delivered into 8 Academy Schools across Newcastle and Gateshead.

Across all Core Services the Service User's Feedback was very positive with a high percentage of needs being met, views listened to and a reduction in risk taking, to highlight but a few impressive outcomes. A particular success this year was the focus on Hate Crime resulting in the Young People empowering other Young People in their ability to be "Active bystanders" by producing, in partnership with the Police Crime Commissioner's Office and Bethan Kitchen (BRASH Theatre), a series of five mini films exploring lived experience and actions required to be an Active Bystander if witness to Hate Crime. For their excellent work on this Project the Young People received the NE Youth Project with Pride of the Year Award Overall Winner 2022 - Speak Out Together.

As well as this outstanding accolade, Streetwise Awards and Supporters and Business Achievements included:

- Northern Power Women Awards - Finalist Disruptor for Good (Mandy Coppin CEO).
NE Youth Most Improved of the Year Finalist - Byker Youth Project.
- NE Youth Outstanding Contribution to Health & Wellbeing Finalist - Level Up.
- Haines Watts - raising over £10k for Streetwise as their nominated Charity of the Year.
- Asda Byker- food donations and refreshments for food treat packs.

Boots the Chemist - Partnership work in securing period product donations. Living Wage Employer (LWE) - Streetwise continues to be an official LWE. Soroptimists - donations and fundraising events.

Not forgetting all those amazing people who raised over £1,500 in the Great North Run.

Along with this outstanding performance, adaptation, success and learning over the past year has come the same financial pressures and constraints faced by other Charities, Businesses and Countries.

As always, we will continue to emphasise and pursue transparent and open financial and funding practices and will continue to justify all income and expenditure, demonstrating thoughtfulness and prudence in all our work to maintain confidence to all who support and encourage the work of Streetwise.

Streetwise has endured, thrived, survived, and succeeded during the past year of changing challenges and we will apply our learning, resilience, creativity, enthusiasm, and values to the coming year for the enhancement and benefit of Young People and their Families. My great thanks and gratitude for this great achievement go to the Young People within our Services, our Staff, Volunteers, Board Trustees, Funders, and all Stakeholders for all their work, support, enthusiasm, and compassion that has made Streetwise such a well-used Charity and asset to the North East Region.

Dr Janis Smith
Chair of Trustees



Our purposes and activities

Objects & Aims

The aim of the Charity is to preserve and provide for the Physical and Mental Health of Young People aged 11-25 years by providing advice, information and support, without distinction of sex, sexuality, disability, race or political, religious or other opinions, in a common effort to Advance Education and to provide facilities in the interests of Social Welfare;

Beneficiaries include those living in Newcastle upon Tyne, Gateshead, North Tyneside, Northumberland, South Tyneside, Durham and Sunderland.

Aims

- To support Young People to achieve a greater understanding of themselves and their relationship to their world, the people, and communities around them, so they can achieve their potential.
- To encourage Young People to have a greater awareness and understanding of their personal resources in order to make healthy lifestyle choices; build their resilience, understand their personal responsibilities, increase their self-worth, reduce risks and make effective decisions.
- To involve Young People in the design and commissioning of Services that meet their needs and to ensure their knowledge and understanding is recognised and used to inform and influence Funders, Commissioners and Policy Makers.

Our Vision

All Young People have an equal right of access to high quality Services that are responsive to their needs, challenge inequalities, recognise diversity and enable them to grow into healthy and resilient adults.

Our Mission Statement

Streetwise exists to provide free, confidential, non-judgemental information, advice and counselling Services that inspire and empower Young People to make informed choices and enhances their personal, social and emotional development, equipping them with skills for life.

Our Values

Respect - The needs of Young People are recognised and are at the heart of all Service design and delivery. Young People have the right not to be judged and to feel safe and protected. Young People are respected and their culture, diversity, background and experiences are valued.

Rights - Inequalities, oppression, discrimination and exploitation faced by Young People are challenged and we provide Services within an equal opportunities framework.

Choice - Young People have open access to Services, supported by highly motivated and skilled staff. Prejudice and misconceptions held by Young People about other groups and/or members of society will be challenged constructively to enable them to understand and embrace equality and diversity.

Participation - Young People engage voluntarily and are encouraged to make informed choices based on accurate and clear information.

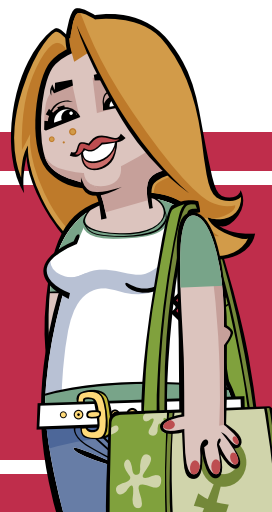
Our Ongoing Priorities

The following priority areas were identified during our Streetwise Strategic Review Meetings held throughout 2022/23, influenced and informed by Young People, Service Users, Staff and Trustees. Streetwise continues to focus on maintaining its Core Services whilst adapting and responding to the needs of beneficiaries influenced by the outcomes from the Coronavirus Pandemic. The Charity will work with Young People to identify and create new Services, developing a clear list of projects ready for potential funding applications. We will continue to develop new Outreach opportunities with schools and neighbourhood communities whilst maintaining and developing relationships with funders and local businesses.



CORE SERVICES – Working with Young People

1. Information, Advice and Guidance
2. Mental Health & Wellbeing (Counselling Service)
3. Relationship, Contraception and Sexual Health (CASH) Services
4. Detached & Outreach Youth Work
5. Young People's Participation & Social Action Projects

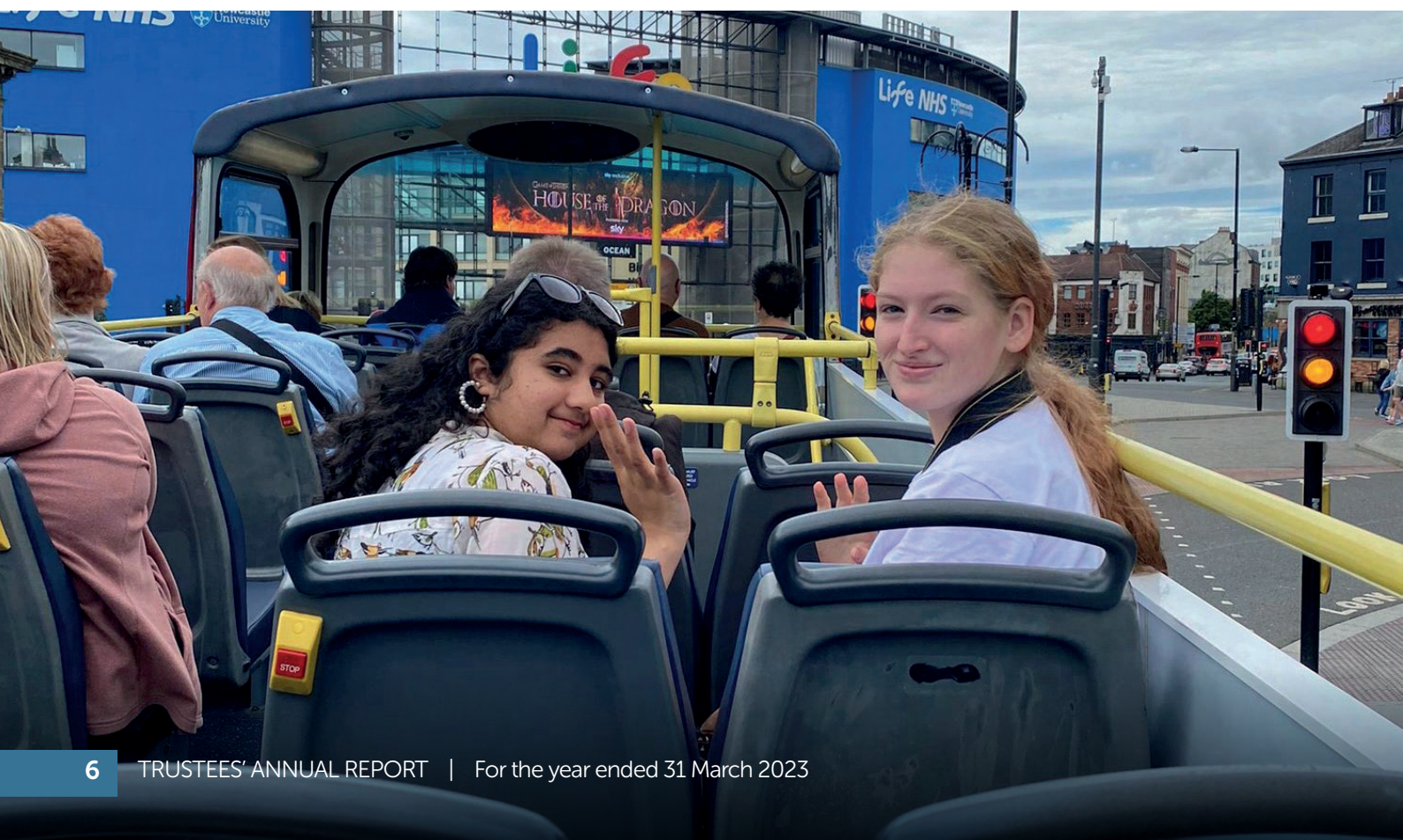


Covid-19 Response

Looking forward, despite the varied challenges following the Pandemic, there are many reasons to remain optimistic. Among them is the fact that adversity clearly gave rise to invention, comradery and staff solidarity, with Streetwise continuing to embrace both hybrid physical and digital ways of working and developing partnerships with others, to a greater degree than ever before. We continue to offer a flexible approach to our engagement work with Young People, families and communities.

We are extremely proud of how our amazing Streetwise Staff Team, Trustees and Volunteers bounced back into action following the outcome from the two years of lockdowns, facing increased and unforeseen complexities, poverty, cost of living crisis and repercussions from the Pandemic.

We hope this Annual Report helps to highlight some of the many activities delivered during 2022 - 2023 and the overwhelming support and responses we received from our supporters and beneficiaries.

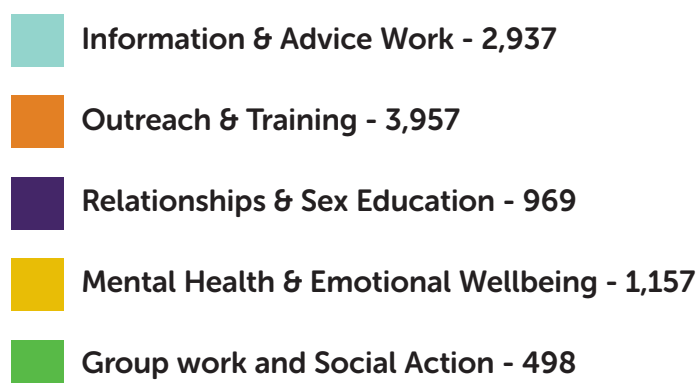


Achievements and Performance

During 2022/23 our Streetwise Team supported work with over **9,581** Children and Young People through **13,090** initial contacts/visits.

2,937 Young People through Information, Advice and Guidance drop-ins, telephone, social media, website contacts.

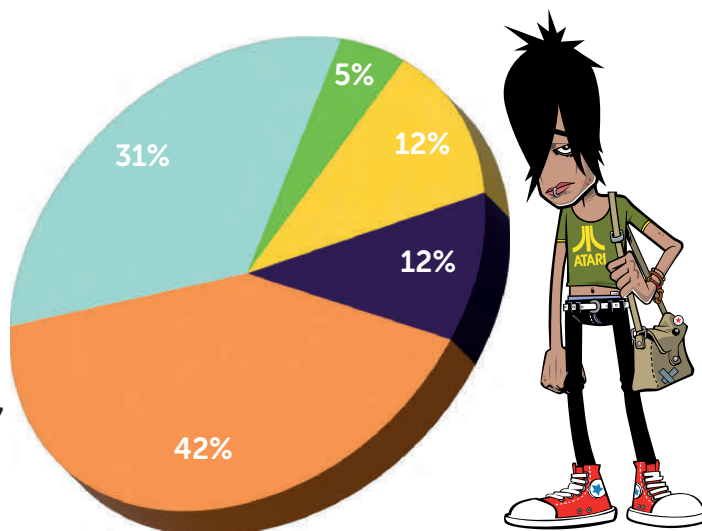
1,157 Young People through **4,957** Counselling, Childrens Psychological Wellbeing (CWP) and Mental Health and Emotional Wellbeing one-to-one support sessions.



969 Young People attending Relationship, Sexual Health and NHS Nurse Led Clinical Sessions.

3,957 Young People through Outreach and Training Workshops including **942** Young People through Detached Street Work

498 Young People through 770 bespoke Group Work and Social Action contacts.



1. Information, advice and guidance

Through our City Centre premises, Community Youth Hubs and School Early Help Youth Hubs we are able to offer regular one-to-one information, advice and guidance via open access drop in sessions to over **2,937** Young People, we also continue to promote and provide telephone and online information, advice and guidance opportunities using Streetwise social media, Facebook, Instagram, mobiles/telephone lines achieving over **4,279** contacts.

During the year we continued to research and reproduce our online Therapy Bytes eBrochure designed to support Young People to access wellbeing Apps and digital resources. This has proved to be a lifeline for many Young People whilst waiting for therapeutic support.

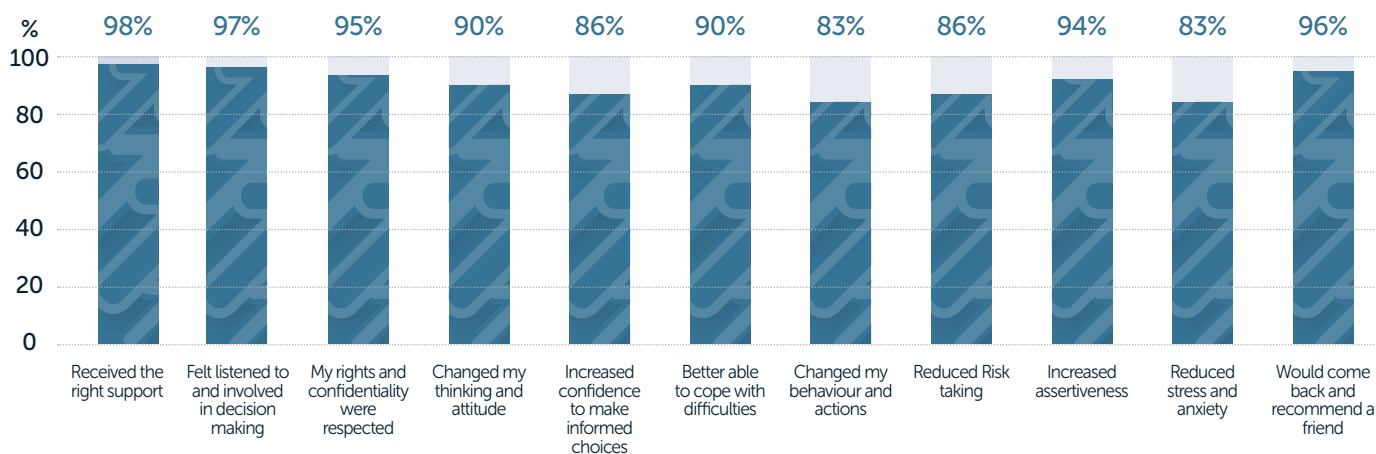
By employing additional Mental Health and Wellbeing Practitioners we have been able to provide ongoing support and one-to-one check-ins for Young People whilst they have been unable to access face-to-face therapeutic support, helping to prevent Mental Health or Emotional Wellbeing

concerns escalating. The staff continue to reassure Children and Young People that they can call Streetwise and have a wellbeing chat or conversation at any time during the week.

Our 2022/2023 Advice, Information & Guidance Service Users Anonymous Feedback Forms found that 98 per cent of Young People said they received the right support, 97 per cent felt listened to and involved in decision making, 90 per cent reported that they felt their rights and confidentiality were respected, 90 per cent informed Streetwise that as a result of receiving support and advice their thinking and attitude had changed, 86 per cent felt more confident and able to make informed decisions, 90 per cent felt better able to cope with the difficulties they faces, 86 per cent said that they had reduced any risk taking behaviour, 94 per cent felt more assertive, 83 per cent said that they stress, worries and/or anxiety had reduced, and 96 per cent of Young People indicated they would come back and would recommend a friend.



Streetwise Young People's Project Young People's Service User Feedback April 2022 - March 2023 x 236



Comments received from Young People as follows:



Coming to the Hub I've met new friends who I didn't know lived near me".



"Since I've been going to the Hub I haven't been hanging round the streets and getting into trouble".



"I really enjoy coming to the Streetwise Hub it's fun and makes me stop thinking about my worries".



"If I wasn't coming to the Streetwise Hub I would be bored and be getting into trouble off the police".



"The best thing about the Hub is playing games to help talk about emotions and going out and doing activities".

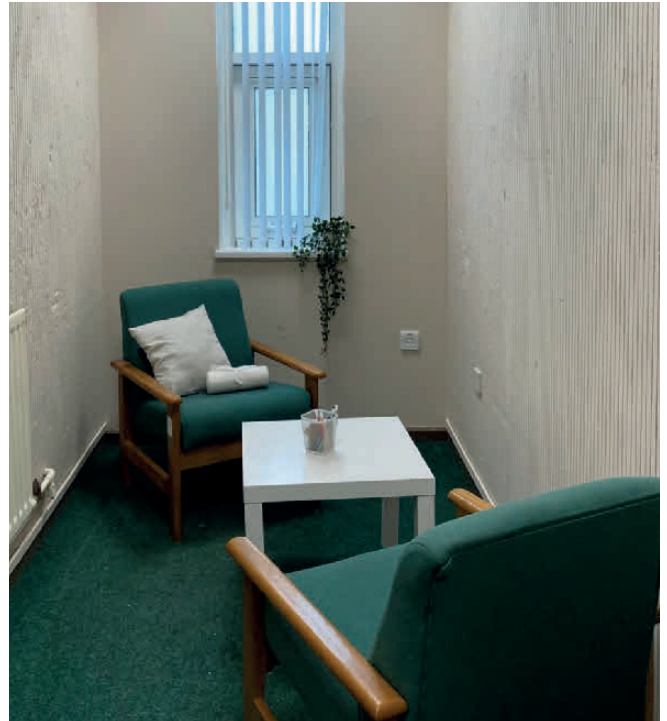
2. Mental Health and Wellbeing Services (Counselling Service)

Our Mental Health & Wellbeing Service continues to offer Young People a choice of online and face-to-face support, notably after the end of the Pandemic increasingly Young People preferred to opt for face-to-face support. Streetwise continues to offer a choice of therapeutic approaches and counselling modalities six days a week including every Saturday, weekday afternoons and late evenings.

During the year, the Mental Health and Wellbeing Service received **1,157** referrals, completed 854 assessments, supported **541** individual Young People and delivered **4,957** counselling and Emotional Wellbeing sessions. On average the Service offered **350** counselling sessions per month or **87** counselling appointments per week. Streetwise continues to offer Early Help via our Children's Wellbeing Practitioners (CWP's) who work with Young People aged 11-18 years experiencing low mood or anxiety. The CWP intervention has proved to be successful, so we continued to support new CWP student placements who all qualified in 2022/23.

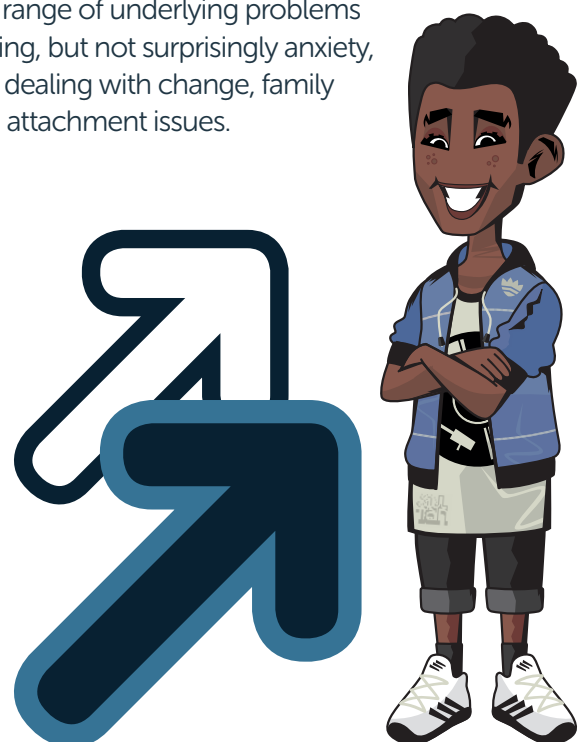
Our Mental Health & Wellbeing partnership work with the Outer West, East and more recently Central Primary Care Networks (PCN) has continued to grow and develop from strength to strength, resulting in the appointment of 8 new practitioners, and developing close working relationships with 14 GP practices, supporting over 90,000 patients.

The PCN Staff provide one to one support and groupwork activities for Young People experiencing low mood and anxiety to help prevent the escalation of mental ill health for these Young People. Referrals are received from the eight outer west GP practices and this intervention has witnessed a significant reduction in the numbers of Young People being referred to Children and Young People's Services (CYPS) and not having to wait on long waiting lists.



Top presenting issues

Anxiety (50%) Anger (16%) and Low mood (4%) remain the top presenting issues followed by Abuse (4%) and Depression (3%). Often these issues are presented with a range of underlying problems including, but not surprisingly anxiety, anger, dealing with change, family issues, attachment issues.



Victims of crime

We continue to support and prioritise young victims of crime with dedicated funding from the Northumbria Police & Commissioners Supporting Victims Fund. During the year we supported 113 young victims of crime referrals comprising of;

Nature of Support (Crime Type)	Q1	Q2	Q3	Q4	Cumulative Total
Domestic Abuse	4	13	7	12	36
Sexual Abuse	1	10	13	5	29
Child Criminal Exploitation	1	0	0	1	2
Assault/Physical Attack	3	3	4	13	23
A Crime Against Family	0	0	2	2	4
Online Grooming	1	1	0	4	6
Other	3	0	6	4	13
Total:	13	27	32	41	113

Streetwise have carried out several group work sessions in the final quarter of the year.

- Calm Minds is a group to educate young people around how anxiety affects the body and what tools and tips to use to reduce symptoms of anxiety.
- The Level Up group has been working with Black, Asian, Minority Ethnic young men around what it's like to be growing up in today's world. Discussions around diversity, multi-cultural beliefs and how the economic crisis is affecting them.
- EmpowHer group works with young woman who have been affected by or victim of domestic abuse and sexual assault/abuse.

Holly's story

Holly was 15 years old when referred to Streetwise via the Single Point of Access (SPA). Holly is White, Eastern European and lives with her mother and younger brother. Her family escaped Domestic Violence and came to the UK as asylum seekers. They await a decision from the Home Office as to whether they can remain. Holly was having difficulty sleeping, avoiding sleep due to having nightmares and she was isolating herself from emotional support out of not wanting to burden anyone and from lacking trust in anyone being able to help her. Holly had a very pessimistic view of life and expressed that in 6 months' time she thought she would 'probably be dead'. Holly also described feeling numb and disconnected from her emotions. Extensive physical and emotional abuse from her father was the trigger for Holly's anxiety and emotional distress. Additionally, the violence she had witnessed from her father towards her mother and towards her brother also contributed to her anxiety and depression. During sessions Holly explored her reluctance to show others how she was feeling and to ask for support. Holly realised that she was fearful of irritable or hostile reactions as this is what she had experienced in the past. Holly recognised that not showing others how she was feeling, prevented her from being helped by anyone and kept her feeling isolated and disconnected from her feelings. As a result, Holly became more able to share her feelings with her mother which enabled her mother to support Holly. Holly began to report that she was feeling more able to cope and recover when things go wrong and her thoughts and urges to self-harm reduced. Holly appreciated that she had recognised her self-sabotaging behaviour in exam situations, and she welcomed the change in her approach to them. Holly described how the counselling had helped her to move forward and focus on her future.

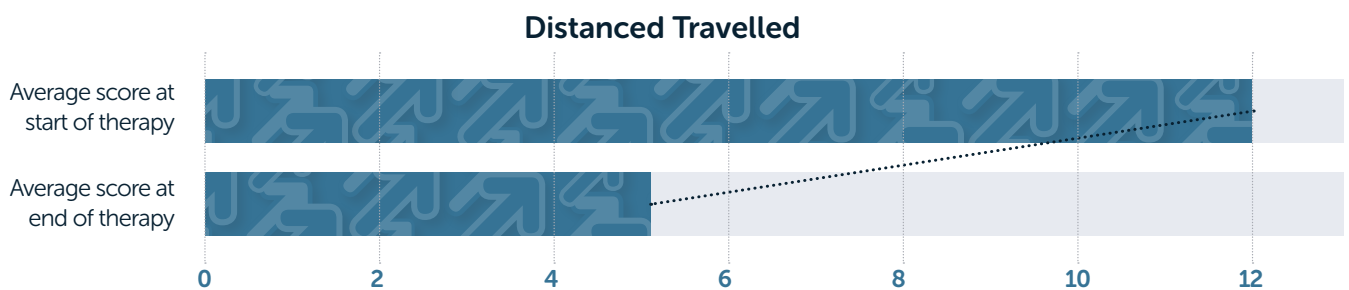
Therapy Clinical Outcomes in Routine Evaluation (CORE) scores: • Pre-therapy = 17 • Post therapy = 10

Safeguarding risks

In total **234** safeguarding concerns or risks were raised during either Referral, Initial Assessments and/or ongoing therapy this compares to the previous year at **139**. The main risk area continues to be suicidal thoughts (155) with a substantial increase in self-harm (60). It is worth noting that during 2022 Streetwise employed an additional 7 Mental Health & Emotional Wellbeing Practitioners.

Service user outcomes

Young People complete a CORE Monitoring form at every session. This measures their wellbeing, functioning, problems and risk. The form is scored out of 40 with above 25 being severe Mental Health distress, 20-25 being moderate severe, 15-20 being moderate, 10-15 being mild, 5-10 being low level and 0 to 5 being healthy. Overall Streetwise Service outcomes saw an improvement in Young People's wellbeing by 7 points, using the session-by-session outcome measures.



Service user's feedback

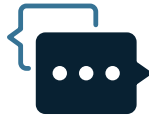
We continue to routinely ask Young People for feedback about our Service:

Our Mental Health & Wellbeing Service Users Anonymous Feedback Forms found that 97 per cent of Service users said that they always felt their views and opinions were listened to, 98 per cent said that they felt able to talk to their worker, 89 per cent felt that their needs were met, 96 per cent said that they felt more confident about making positive choices for themselves, 62 per cent said they felt they had reduced any risk taking, 98 per cent said they felt their rights and confidentiality was respected and 86 per cent said they would come back and/or recommend a friend to Streetwise.

Streetwise Young People's Project, Young People's Service User Feedback April 2022 - March 2023 x 205



Comments received from Young People as follows:



"When I first came to Streetwise, I was in a terrible state, I really had no hope for the future. I put myself in a position where I thought that I could not feel better or do things I wanted to do due to how badly I reacted to things. Ever since I spoke to Streetwise about my mental health, I felt as if I could find a way to improve. I felt more motivated to improve mentally.

Over the past weeks, I have finally adapted new techniques which are giving me hope for the future, thanks to you. You have put my mental state back on track and now I feel much happier and better. Thanks so much."



"I have learnt that my needs are important and that I am worthy of love just as much as other people and that no one is more or less important".



"I feel less anxious, and I rarely get panic attacks now. I am less worried about how others see me, and I feel more hopeful/ confident".



"I can talk to people now and I don't get as worried. I am sleeping better now and not having nightmares and talking to mam and dad when need worry about them".



"I learned how to handle stuff like anxiety or anger much better".



"I wasn't as angry all of the time and I've been able to make friends in school".



"Having someone to talk too about personal things that upset me without judgement. Help to understand negative and positive relationships and challenge behaviours with my ex boyfriend".



"I became more comfortable and confident at school and around people I don't know very well".



"I used to feel tired and sad all the time and these sessions have helped me to talk, brightened me and made me feel so much happier".



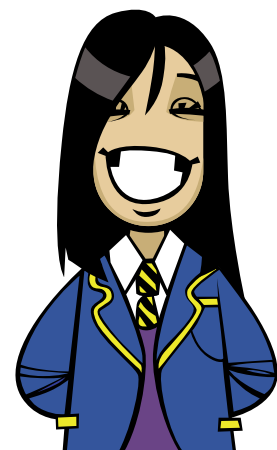
"I am a lot more confident in myself and around others, I enjoy going out and spending time with my friends. I know different strategies to help me get through my bad days and know how to enjoy my good days".



"My counsellor helped me deal with the trauma I had gone through, by doing my trauma narrative I was able to explore what happened and realise that it does not define who I am".



"I feel my relationship with my dad has improved since I've had support with this in my sessions. I feel family relationships have generally improved now e.g. me and my Mam have stopped arguing".





"The Streetwise Counsellor helped my daughter massively by being an active positive influence and confidant as well as creating a really positive relationship with her and myself alike. Being able to open up and let a stranger into your life is very difficult and daunting but the counsellor was so approachable, understanding and genuinely caring. She has been such a positive change in our family, and we will be so sad to no longer have this relationship. Although we understand that Sam's* needs have changed and she has helped us accept this change enabling my daughter to accept further support. As a mother I really can't put into words how grateful I am to her and how she has supported us over this very difficult time. She really goes above and beyond to be there; I thank her so very much. At times I felt so lost, but she really helped me understand my worries, feelings and frustrations to enable me to be the best I can be to support my child during this time".



"Thank you so much for the work you have done with *Dale*. We are so glad to see him having fun with friends again and worrying less about little things. We can't get him away from his friends now, which makes us happy because he is happy. We really appreciate everything you've done."

3. The Contraception and Sexual Health Services (cash)



Our new 'ONTHEGO' Contraception and Sexual Health Services (CASH) was launched in July 2022 and in Partnership with Children North East we provide a wide range of confidential information, advice and support on healthy relationships, decision making, consent, rights, contraception, sexually transmitted infections testing, pregnancy, as well as a range of other sexual health services. Services include; 'On the Go' Youth Van, which is a bookable service bringing support to Young People's doorstep; Outreach, which offers 121 and group support sessions in colleges, schools, community venues and universities; Tailored Outreach Sessions which

provide tailored sessions around issues affecting different groups, such as LGBTQ+ communities and those with additional needs and NHS Nurse-Led Sessions offered on a walk in basis by qualified sexual health nurses seconded into Streetwise from the NHS New Croft Centre.

During our first year we have collectively supported 1,823 individual referrals, supported 439 young people to access additional internal support services, enabled 98 Young People to access STI/HIV testing at appropriate settings and completed 11 pregnancy tests.

Case Study

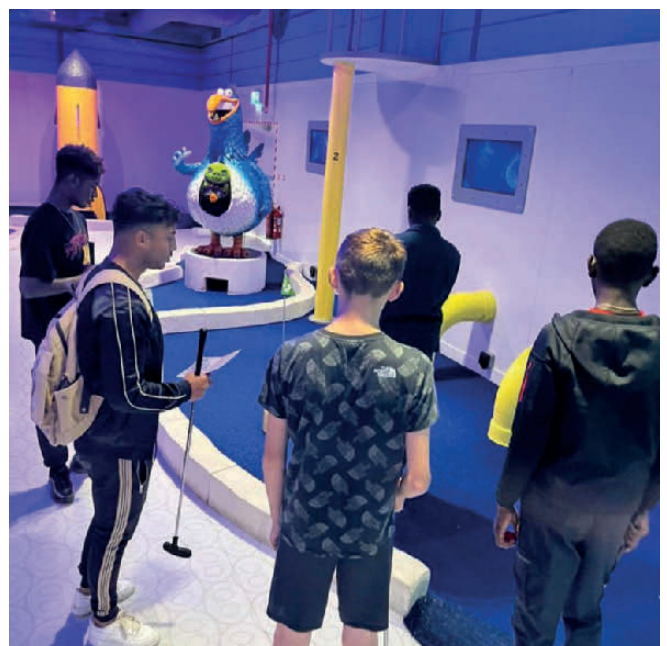
Amy is 14 years of age and female; she attends mainstream education and lives in Newcastle with her parents. Amy called into one of the Streetwise School Youth Hub lunch time drop-in sessions and asked to speak to one of the workers. Amy asked for a pregnancy test as she had unprotective sex twice that week. With Amy's agreement and consent the situation was shared sensitively with a School Lead and Parent, and it was agreed that Amy would attend the NHS New Croft the next day, where she would meet the Streetwise worker who would be on duty at New Croft. Amy attended New Croft drop-in and was pleased to see a familiar face; she was registered and went to see the nurse. Amy had a pregnancy test and an implant fitted by the Nurse and then undertook a C-Card induction with the Streetwise worker. Amy was worried about having an unplanned pregnancy but felt reassured that she had sought advice at the right time in the right place. Amy described how she is now more confident to come and speak to workers, tell her friends, voice her concerns and make informed decisions.

4. Detached & Outreach Youth Work

The Detached Street Work Team, funded by Newcastle City Council Youth Fund, continued until the end of December 2022 and provided vital individual support and small group work activities for Young People on the streets of Newcastle. The Team was out on the streets three/four evenings/weekends per week in all weathers covering the most deprived areas in Newcastle. The Team was able to use the Streetwise Youth Van to deliver food and resources to vulnerable Children, Young People and their Families.

During the school half term and summer holidays the Detached Team were part of the City Council's

Newcastle Best Summer Ever Programme (NBSE), that offered Young People a variety of diversionary activities as an alternative to Young People being drawn into risk taking activities during their school holidays. Being part of the NBSE also meant that the Detached Team were able to feed all participants who attended the activities delivered by the Detached Team and helped by the Youth Board who volunteered their time to work with the Detached Team to support their peers during their school holidays.



RESPECT



Sadly, the Detached Team continued to witness a rise in Anti-Social Behaviour (ASB) in the City Centre and surrounding neighbourhoods, with the Team having to intervene between groups of Young People and local Residents, Parents, Police, Community Leaders and Business Owners. The threats of violence and increased risks to staff and Young People resulted in the decision to stop offering Detached Youth Work and move towards a safer Outreach and Youth Hub model.

The Streetwise Outreach and Detached Team took part in Fresher's Week providing information stands at

the City's Universities and Colleges. In addition to this the Team continue to deliver Sexual Health Outreach Sessions to Young People in the City Centre. The Outreach and Freshers sessions have given the Team the chance to offer Young People C-Card and condoms as well as information on where Young People can go for their contraception, condoms, pregnancy decision making and STI tests.

The Team registered over **3,957** contacts with Children and Young People during the year, they kept in contact with Young People and ensured that they had a Trusted Adult to call upon when needed.





Early help youth hubs in schools

There is no doubt that the Mental Health and Emotional Wellbeing of our Children and Young People continues to be significantly impacted by the Coronavirus Pandemic. There are still limited options for Young People to go when they first start to struggle with their Mental Health and Emotional Wellbeing (MHEW). This means, that for many, their Mental Health deteriorates before they get support. At the beginning of 2023 Streetwise launched two Community Youth Hubs, where Young People can meet up in a safe space, post pandemic, and begin to establish links with Trusted Youth Workers in order to access a range of 'wrap around' support, activities and opportunities that will help them with their social and emotional development. Not surprisingly, most evenings now start with Young People making food, this enables many Young People whose families are struggling with the 'cost of living' crisis to have access to a hot meal before the end of the day. The Community Youth Hubs are proving to be extremely popular with Young People who have never accessed Youth Work Informal Education before.



During 2022 colleagues from Streetwise and the Gosforth Academy Trust (GAT) launched the opening of two Early Help Youth Hub Models also helping to provide independent 'wrap around' Mental Health & Emotional Wellbeing support for students within an educational environment.

The Model has helped to strengthen and enhance the positive learning environment within each Academy in partnership with teachers, parents and stakeholders. They provide a one stop approach to assist students, parents and teachers to access the right support at the right time. They help prevent the escalation of Mental Health issues and reduce the need to make inappropriate referrals to statutory Children and Young People's Services (CYPS).

In the past year we have provided regular counselling & therapeutic interventions to **124** students x **511** sessions, one-to-one advice & support to **440** students x **1,821** contacts, delivered four different wellbeing groups including Level Up; H.E.R; LGBTQ+ & Healthy Relationships to **735** students and delivered assemblies, lunch time promotions, parent evening stalls and school holiday activities reaching over **1,500** students. Streetwise have provided crisis support when students are struggling most and have engaged with over **29** students in relation to safeguarding concerns.

5. Young people's participation & social action projects

Streetwise Youth Board

The Streetwise Youth Board continues to make a significant contribution to the thinking, operations and service development of Streetwise. Members are currently creating a series of short films/ Instagram reels about the LGBTQ+ community. They identified that although it is important to highlight the discrimination young people from the community face, it can be quite intimidating for a young person and may create feelings of nervousness/ worry about coming out. Members wanted to highlight all of the positive aspects of being a part of the LGBTQ+ community. Members wish to bring humour into their films, to create an uplifting feel whilst also educating but in a light-hearted manner. They will be using a variety of different creative techniques and each short film will use a different style e.g. puppets, animation, stop motion, etc. During the past year they have:

- Taken part in the recruitment and selection of new staff
- Rebranded into a newly formed Youth Board
- Helped inform, design and deliver the Summer Activities Programme
- Taken part in the designing and filming of five hate crime videos
- Supported research and Service delivery developments
- #itsnotokay 16 days of activism against gender based violence

Group Work Activities

The Staff Team continue to engage in group work activities and Social Action Projects identified by Young People, including Level Up which continues to support Young Men from Black, Asian and Ethnic Minority Communities, working into three schools and supporting an ongoing Games drop-in at Streetwise every Tuesday.



Streetwise

During 2022, in response to the increasing levels of Hate Crime experienced and witnessed by Young People, Streetwise asked the question, would you know what to do if you saw a hate crime taking place? According to official statistics from the Home Office, in the year ending March 2022, there were 155,841 hate crimes recorded by the police in England and Wales, a 26 percent increase compared with the previous year. In the North East reports of hate crime have skyrocketed in 2021/22, with Durham and North Yorkshire Police reporting that rates are up 26 percent and 46 percent respectively. Our Young People and Youth Work Team decided to do something meaningful to challenge hate crime by empowering Young People to be 'Active

Bystanders' if they see someone being targeted with racism, homophobia, transphobia, islamophobia or disablism, either in real life or online. In partnership with the Police Crime Commissioner's Office and Bethan Kitchen (BRASH Theatre), Young People produced five mini-films documenting the lived experience of young people in the North East who have been subject to hate crime. The 'Speak Out Together' film series, written and performed by Young People from the region, were created to help onlookers intervene in situations where someone is the target of hate behaviour and they introduce five helpful, safe approaches to being an 'Active Bystander'; **Direct, Distract, Delegate, Document** and **Delay**.



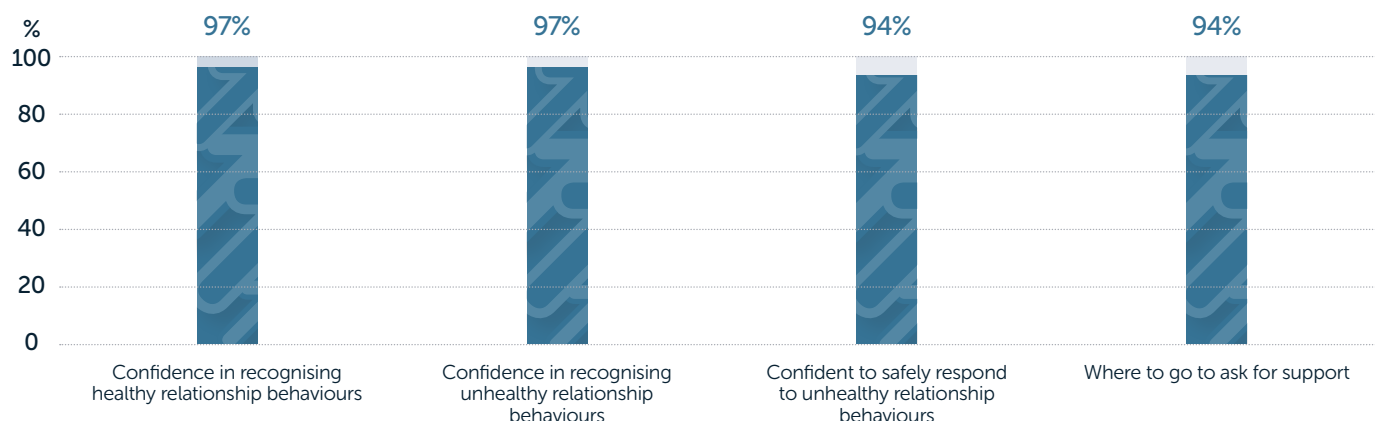
RESPECT

The Young People involved in this Social Action project produced an incredible, powerful set of four-minute videos launched at a Red-Carpet Oscar Type Celebration held at Wylam Breweries, Newcastle facilitated by the amazingly wonderful Amy Sutton from ITV news. They are hard hitting, representative of real lived experiences, and ultimately focused on how we can all make a positive difference, they are an excellent example of what can be achieved when we empower Young People and provide a platform for them to raise their concerns and showcase their talents. We are so proud of the Young People, who received the NE Youth Project with Pride of the Year Award 2022.



We are also very proud of our Healthy Relationship Workshops delivered to 735 students through 36 individual workshops into 8 Academy Schools across Newcastle and Gateshead. Designed to help Young People recognize the difference between a healthy and unhealthy relationship, and where to go to seek support if they or they felt their friends were subject to being coerced and/or pressured into doing something they were not comfortable doing.

Healthy Relationships Outcomes x 735 Responses November 2022 - April 2023



Streetwise 2022 - 2023 awards

- Northern Power Women Awards- Finalist Disruptor for Good (Mandy Coppin CEO).
- NE Youth Project with Pride of the Year Award Overall Winner - Speak Out Together.
- NE Youth Most Improved of the Year Finalist- Byker Youth Project.
- NE Youth Outstanding Contribution to Health & Wellbeing Finalist- Level Up.



Supporters / business achievements

- **Haines Watts** - raising over £10k for Streetwise as their nominated Charity of the Year.
- **Asda Byker** - food donations and refreshments for food treat packs.
- **Boots the Chemist** - Partnership work in securing period product donations.
- **Living Wage Employer** - Streetwise continues to be an official LWE.
- **Soroptimists** - donations and fundraising events.

A **BIG SHOUT OUT** for our Great North Runners, who raised over £1,500 for Streetwise.

Funding raised through public donations and individual donors/fundraisers is both humbling and overwhelming but unfortunately like many Charities we did not receive many donations due to Covid-19, but for those individuals who did donate **thank you so much, every penny counts.**



RESPECT



Donations can be made via our
www.justgiving.com/streetwise-yp-p page



or text **STREETWISE10** to
70085 one-off donation of £10.

Financial Review

	2023	2022
Total income for the year ended 31 March	<u>£1,127,803</u>	<u>£900,285</u>
Net income across all funds	<u>£8,301</u>	<u>£74,158</u>
The balance sheet		
Total funds carried forward	<u>£340,202</u>	<u>£331,901</u>
Unrestricted	<u>£280,429</u>	<u>£258,046</u>

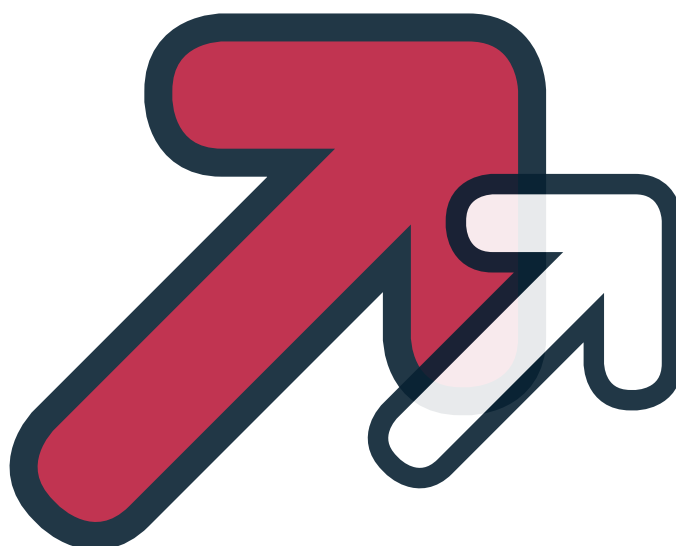
The Charity, with the aid of sound financial management and the support of both its Staff and Volunteers generated a stable financial outcome for the period with sufficient reserves to ensure future commitments will be honoured.

Reserves policy and going concern

The Trustees have examined the Charity's requirements for reserves in light of the main risks to the Organisation. It has established a Policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be sufficient to cover foreseeable contingencies. The reserves are therefore held for 5 main reasons:

- To pay salaries and outstanding financial obligations should the Charity cease to exist.
- To fund redundancy payments in the event of the dissolution of the Company.
- To be accessed if in any fiscal year the income of the Charity was less than expenditure.
- To support the Company in time of need or necessity.
- To support any part of Streetwise Young People's Project

The Trustees have agreed a target sum for 'Free Reserves' of 3 - 6 months' running costs (approx. £210,000 to 415,000). At 31 March 2023 'Free Reserves' (unrestricted and designated funds not invested in tangible fixed assets) were £220,424 (2022: £213,646) which represents approx. 4 months of running costs.



Reference and administrative details

Charity number	1058360
Company number	32444990
Registered Office	Unit 3 Blackfriars Court, Dispensary Lane, Newcastle upon Tyne NE1 4XB

Our advisors

Auditors	Read Milburn & Company 71 Howard Street North Shields Tyne & Wear NE30 1AF
Bankers	The CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

Directors and Trustees

The Directors of the Charitable Company (the Charity) are its Trustees for the purposes of company law. The Trustees and Officers serving during the year and since the year end were as follows:

Key Management personnel: Trustees and Directors

Trustees	Janis Smith	Chair
	Lesley Bowes	Vice Chair
	Alasdair Upton	Treasurer
	Amanda Beckham	Secretary
	Ed Blazey	
	Liz Trainor	
	Simon Lindsay	
	Donna Bulmer	Resigned Nov 22
	Jo Powell	Resigned Nov 22
	Brooke Davison	Resigned Nov 22
	Kevin Carter	Resigned May 23

Key Management Personnel: Senior Managers

Chief Executive	Mandy Coppin
Service Manager	Fred Suadwa
Service Manager	Vicky Smith



Structure, governance and management

Governing documents

The Organisation is a Charitable Company Limited by Guarantee, working since 1991 and was incorporated on 2 September 1996 and amended on the 14 May 2007. The Company was established under the Memorandum and Articles of Association which established the objects and powers of the Charitable Company and is governed under its Articles of Association. The Financial Statements comply with current statutory requirements, the Organisations Memorandum and Articles of Association and the Statement of Recommended Practice 'Accounting and Reporting by Charities' in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Appointment of trustees

New Trustees are appointed at any point during the year. Our aim is to appoint Trustees with the values, skills and experience relevant to the Voluntary & Community Sector and to the specialism of our Service Values, Principles, Mission Statement and delivery style. Trustees are recruited through local advertising, personal recommendations from existing Trustees, their contacts, the Chief Executive and the whole Staff Team.



New Trustees are provided with an induction pack, which includes;

- Roles and responsibilities
- Legal obligations under Charity and Company Law
- The Memorandum and Articles of Association
- The Committee and decision-making process
- The Business Plan and recent financial performance of the Charity.

Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Organisation

The Management Board meets each month and oversees the administration of the Charity encompassing the Strategic Vision, Financial Accountability and Risk Management. The Operational Management of the Organisation is undertaken by the paid Staff Team in partnership with several key Stakeholder Organisations and Partners.

Pay policy for senior staff

The salary of the Chief Executive Officer is benchmarked against similar positions advertised within the Region.

Risk management

The Management Board conducts its own review of the major risks to which the Charity is exposed and regularly reviews systems that have been established to mitigate those risks. Significant external risks include the continued impact following the Coronavirus Pandemic, our reliance on grant funding and the increased time, effort and energy that is required to complete funding applications to continue our work. The Charity pays high salary costs for JNC qualified Community & Youth work Practitioners and BACP Counsellors compared to the current market, which presents a risk in that other similar sized charities can submit more competitive tenders/applications for similar work, resulting in Streetwise being overlooked. The Charity holds a huge amount of personal identifiable data which needs to be secure and managed effectively, so we are constantly reminding ourselves of the risk posed by holding and gathering such data. We do mitigate against

this risk by holding the majority of this data on a secure data management system, in line with GDPR. We have increased our security by initiating Multi-factor Authentication (MFA) but we are at no time complacent. Internal risks are minimised by the implementation of procedures for authorisation on all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the Charitable Company. These procedures are regularly reviewed and will continue to be reviewed as an ongoing basis.

Funders

Streetwise are extremely grateful to our Funders and Stakeholders who recognise the importance of our work and the benefit it provides to Young People. On behalf of our Service Users and our Team and Trustees a huge thank you to all our Streetwise Funders, Individual Donors and Partner Organisations/Agencies. Thank you for helping us to make Streetwise the great Organisation that it is for Young People.



Public benefit

In setting plans and priorities for areas of work, our Trustees have followed guidance from the Charity Commission on the Provision of Public Benefit, in accordance with Section 17 of the Charities Act 2011. In particular, the Trustees consider how activities will contribute to meet the objectives they have set and focus on the Services that will deliver the greatest impact to the most vulnerable Children and Young People. In delivering these Services, we clearly identify the benefits to Service Users. We also monitor progress to ensure benefits are accruing as planned, and to learn any lessons that can be fed back into informing and influencing future planning and Service delivery.

We have demonstrated how Streetwise delivers its Principal Charitable Objective - to preserve and provide for the Physical and Mental Health of Young People; by providing Services that support and empower Children and Young People. By listening to the needs of Young People and campaigning for change that will improve Children and Young People's lives, Streetwise helps some of the most vulnerable Children and Young People to reach their full potential. We hope the wide-ranging and substantial impact of our work is demonstrated in this Report. Our work benefits Society as well as the Beneficiaries themselves. In doing this, Streetwise meets the public benefit requirement as set out in section 4 of the Charities Act 2011.

Our stakeholders

A big thank you to all our partners including; Amy Sutton, The Key, NEYouth, Children North East, New Croft Sexual Health Services, MESMAC, Tyneside and Northumberland Rape Crisis, Kalmer Counselling, North East Counselling Service, C-Card, NE1, Newcastle/Gateshead ICB, Left Hand Gang, Newcastle College, Durham University, University of Sunderland, Newcastle University, Phoenix Detached Project, Byker Community Centre, Every Turn Mental Health, HAREF, St Martins Community Centre, Gosforth Academy Trust, Jesmond Park Academy, North Gosforth Academy, Royal Grammer School, Byker School, Walker School, Benfield School, Excelsior Academy, Sandy Duff, Mark Ellerby Hedley, Shirley Hallam, Alan Brice, Tim Diggle, Gemma Elliott, Brigid Joughin.

Trustees' responsibilities in relation to the financial statements

The Charity Trustees are responsible for preparing a Trustees' Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Charity Trustees to prepare Financial Statements for each year which give a true and fair view of the state of affairs of the Charitable Company and the Group and of the incoming resources and application of resources, including the income and expenditure, of the Charitable Group for that period. In preparing the Financial Statements, the

Trustees are required to:

- select suitable Accounting Policies and then apply them consistently;
- observe the Methods and Principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the Financial Statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the Charity's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Auditors

Read, Milburn & Co. were appointed auditor to the company on 17 March 2023, the charity was previously exempt from the requirement to have its financial statements audited by virtue of being below the thresholds specified in section 144 of the Charities Act 2011.

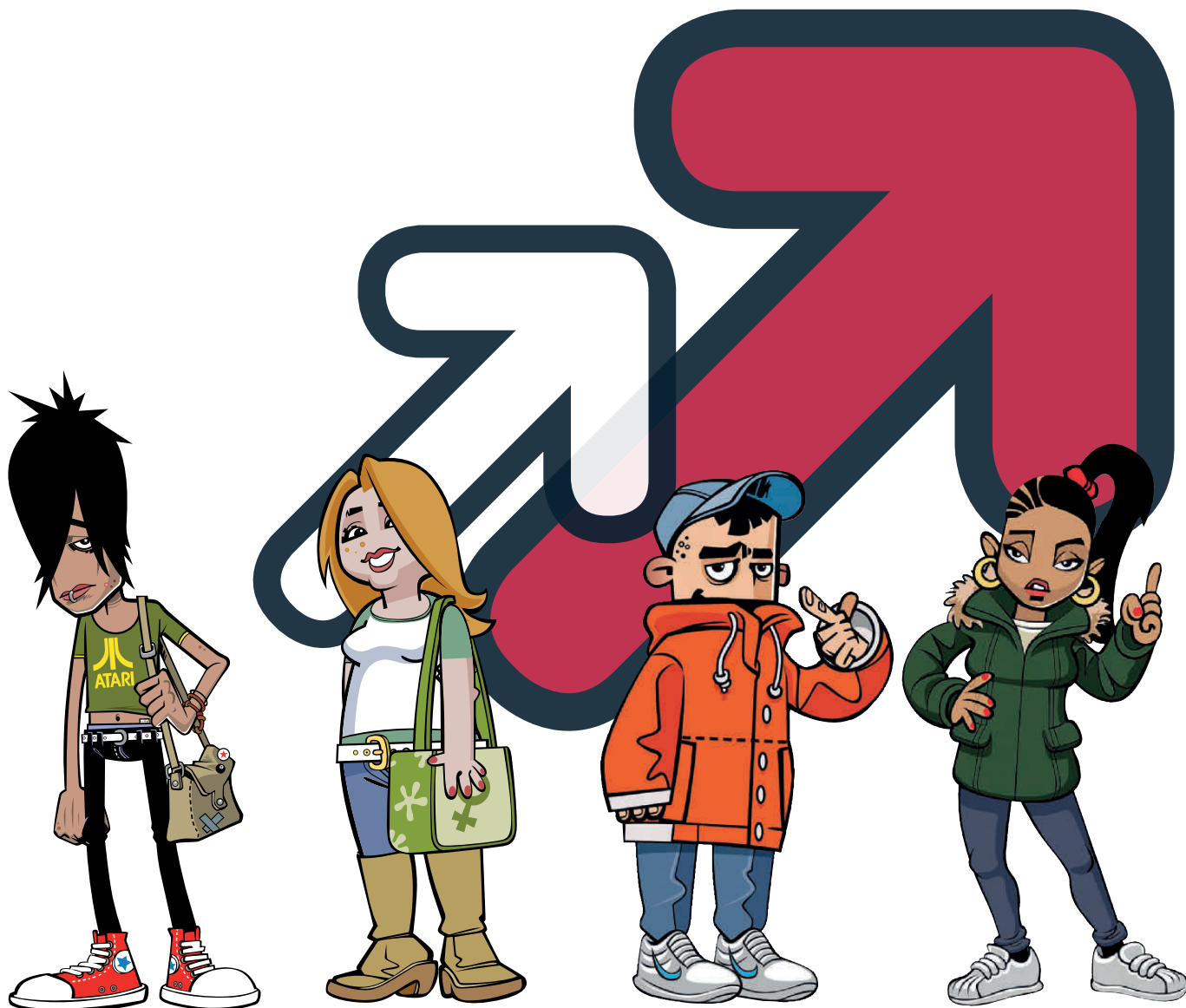
In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of Read, Milburn & Co. as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

This Report was approved by the Trustees on: 6th November 2023

and signed on their behalf by:

Janis Smith
Chair

Janis Smith





Donations to Streetwise

Donations can be made via our www.justgiving.com/streetwise-yp page or text:

- **STREETWISE5** to **70085**
one-off donation of **£5**.
- **STREETWISE10** to **70085**
one-off donation of **£10**.
- **STREETWISE20** to **70085**
one-off donation of **£20**.

Via PayPal:

<https://paypal.me/StreetwiseNorth>

Thank you

Streetwise 
YOUNG PEOPLE'S PROJECT

Streetwise
Unit 3 Blackfriars Court
Dispensary Lane
Newcastle upon Tyne
NE1 4XB

Tel: 0191 230 5533

Email: admin@streetwisenorth.org.uk

 @streetwisenorth

 @streetwisenorth

 @streetwisenorth

 @streetwisenorth

 @streetwisenorth

www.streetwisenorth.org.uk

Registered Charity Number: 1058360
Company Number: 3244499